LA THUILE TRAIL

WAIVER
ASICS LA THUILE TRAIL

I, the undersigned.....

born in.....

PREMISE

- I have carefully read, understood and accept the regulations of the event;
- I am aware of the difficulty of the course and am aware of the risks to personal safety associated with the competition;
- I am fully aware of the length and specificity of the race and am perfectly prepared;
  - To have acquired, prior to the race, a real capacity for personal autonomy in the mountains in order to be able to better manage the problems associated with this type of event and in particular
  - to be able to face alone, without help, weather conditions that could become difficult due to altitude (wind, cold, fog, rain or snow) to be able to cope, even in isolation, with physical or psychological problems due to great fatigue, gastrointestinal problems, muscular or joint pain, minor injuries, etc.
- I am aware that the organisation's role is not to help a runner manage these problems and that, for mountain running, safety depends on the runner's ability to adapt to the problems encountered or foreseeable.

I AM AWARE OF AND ACCEPT

1. to run, as an athlete, on the specific course indicated to me by the organisation and only in that course.
2. the risk of injury during my participation in the competition. By signing this agreement, I assume the aforementioned risk and the other risks set out below. The signing of this document, without alterations, deletions and/or amendments, is an essential condition for my participation in the competition as an athlete.
3. that, during my participation as an athlete, risks of any kind may arise to my safety and/or my personal belongings and that such risks may not be reported to me in advance by the organisation and/or third parties appointed by it for this purpose and that, even if such risks are reported to me by the organisation or third parties appointed by it for this purpose or otherwise provide me with safety equipment, my safety and security may not be equally guaranteed.
4. to promptly inform the organisation in the event that, prior to my participation in the competition, I become aware of any medical conditions and illnesses that may prevent and/or make my participation difficult and/or dangerous.
5. to the best of my knowledge and belief, that the organisation accepts no liability whatsoever for any damage or loss that may occur to my person and/or personal belongings that I bring with me before, during and after the competition in any way whatsoever, even after carefully following the instructions and directives of the organisation.
6. to present myself at the athletes' meeting point communicated to me and to respect the time indicated to me, to provide personally for the transfer, by the means of transport that I deem most suitable, assuming all responsibility, to and from the event meeting point.
7. that in the event and during my participation in the competition, an accident of any kind should happen to me and that at that time I am not conscious and in full mental faculties, I hereby authorise the medical personnel in charge to provide me with the necessary first aid treatment.
8. the collection and processing of my personal and sensitive data in accordance with the provisions of Italian Legislative Decree no. 196/2004, as amended, by and third parties designated by the organisation and subjects for the sole purposes related to my participation as an athlete.
9. to give, as of now, my consent to the organisation and third parties authorised by them, to be photographed and/or filmed and/or recorded. The organisation or the third parties authorised by them shall be entitled to transmit, publish, license, and use any photograph, film, recording or image reproducing myself, without my requesting any compensation and without any limitation. The organisation, the third parties authorised by them and anyone acquiring from them the right to use the aforementioned photographic or film material shall not be held liable to me for any use of such material.
10. recordings of images and sounds of the competition made by me and on my behalf with any audio or video equipment may not be used for any purpose other than private and personal use. I therefore undertake not to sell, license, transmit, publish, or make, in general, commercial use of the aforementioned recordings and/or images and not to commercially exploit my participation in the competition in any way and by any means.
11. to pledge not to use alcohol or doping substances during my participation in the competition.
12. to accept all civil and criminal liability arising from any mendacity or incompleteness of what I have declared and/or signed to the organisation and/or third parties designated by it for this purpose concerning my participation in the competition as an athlete.
13. I hereby release the organisation and third parties designated by them (including their respective directors, managers, employees, collaborators, consultants, suppliers, agents and volunteers) from any and all liability for any damage, loss or injury, even fatal, that I myself or my personal effects may suffer during my participation in the competition, whatever the cause, even in the event of negligent conduct of the aforementioned released parties, subject to the limits of the law. I undertake to hold harmless the organisation and third parties designated by them (including their respective directors, managers, employees, collaborators, consultants, suppliers, agents and volunteers) from any and all liability, including any legal costs, for any alleged damage, loss or injury occurring to third parties and/or property as a result of my conduct.
14. to participate, as an athlete, in the competition by committing myself to abide by these conditions, the guidelines and decisions of the organisation and the third parties appointed by them that will be taken in connection with the event. My participation in the competition as an athlete is expressly subject to the condition that I do not harm the peace of mind or the safety of third parties, the interests, the image and the honour and prestige of the organisation.
15. To be aware of the rules regarding the reimbursement of the registration fee, defined in the official rules on the lathuiletrail.com website.

I DECLARE

1. by signing this form, I agree to carry the mandatory equipment with me throughout the entire competition and to exonerate the organisation in the event of an accident or illness attributable to the lack of the compulsory equipment provided.
2. I am aware that the mandatory equipment for the **SHORT TRAIL** (competitive and non-competitive) race is the following:
   - Mobile phone to be kept on at all times, with ringtone on to receive communications from the Race Direction (enter the organisation's number, do not mask your number and do not forget to start with a charged battery)
   - Personal drinking cup of minimum 15cl or other container suitable for drinking at refreshment points
3. I am aware that the mandatory equipment for the **TRAIL, MARATHON,** and **ULTRA** races is the following:
   - Mobile phone to be kept on at all times, with ringtone on to receive communications from the Race Direction (enter the organisation's security number, do not mask the number and do not forget to start with a charged battery)
   - Survival blanket
   - Waterproof hooded rain jacket (GoreTex)
   - Personal drinking cup of minimum 15cl or other container suitable for drinking at refreshment points
   - One working headlamp with a spare battery, or two working headlamps (mandatory only for the **ULTRA**)
4. I am aware of the recommended equipment and will carry them according to my own assessment, or as instructed by the race organisers in case of extreme weather conditions. Depending on the weather conditions on the day, the organisers may include items listed in the recommended kit as compulsory kit.
5. I accept the compulsory equipment checks that may be carried out at any time during the race and to be aware that the lack of even one of the compulsory materials among the equipment I bring to the race may result in my disqualification and I accept the unquestionable judgement of the members of the organisation in charge of the check.
6. I exonerate the organisation, the race director and the course manager from any and all liability for damage to property and persons, including personal injury and/or death.
7. I assume full and exclusive liability for any damage caused by me to third parties or to property belonging to third parties.

DECLARATION OF HONOUR

I declare upon my honour:

1. not to use doping substances;
2. to be aware of the length and nature of the test, which takes place in the mountains, in possible difficult climatic conditions (cold, wind, rain, snow), and that preparation and a real capacity for personal autonomy are required;
3. that I am informed of the medical contraindications concerning me and that, consequently, I release the organisation from any kind of responsibility for medical problems that may occur to me during the race.

PRIVACY LAW

I authorise the organisation to process my personal data solely for the purposes functional to its activity and with criteria of correctness and lawfulness, pursuant to Law 675 of 31/12/1996. I expressly forbid to pass them on to others. It is understood that at any time I may request their cancellation.

AUTHORISATION TO SUBMIT DATA

Competitors consent in writing to the use of the provided computer addresses (email, web addresses) for the purpose of receiving promotions of events of both the committee and individual organisations, as well as for general and commercial communications of sponsors.

IMAGE RIGHTS

I expressly waive the right to use my image during the event, and I also waive any right of appeal against the organisation and its authorised partners for the use made of my image.

CSI membership for the event

By signing I also consent to registration with the CSI (with the exception of participants who are already Fidal members) for participation in the event in question (event owner: Full Gas A.S.D.), declaring that I am aware of the Regulations of the event, the terms and conditions of the insurance policy attached to the membership card and the regulations on the protection of health in sporting activities, and that I consent to the processing of personal data for institutional sporting purposes.

All of the above: read, confirmed and signed

Date ……

Competitor's signature ……